



CRANBOURNE EAST SECONDARY COLLEGE

The Student Voice® Volume 8

Hello loyal readers and welcome to the eighth edition of the Student Voice: to begin...

I will describe my experience at a leadership and self-improvement camp I attended at the school's invitation over the school holidays.

LIMITLESS CAMP EXPERIENCE

Over the school holidays I was given the opportunity to attend the limitless camp experience, run by the impact project. It was three days of inspirational speaking, extreme activities and all around fun. The idea of the camp is to give young people experiences they may otherwise never get, while providing them with constant support and opportunities that allow each camper to improve their mental and social health and wellbeing.

To begin, we were split into "tribes" of about 10: mine was called Ibibia. Each tribe was provided a coach and a volunteer, usually a graduate of a previous limitless camp who would act as a supervisor and counsellor for your group. Together with my tribe, I spent the days participating in tons of activities ranging from tough mudda style obstacle courses to giant swings and flying foxes. Between activities, the tribe was taken to a common area to get an inspirational speech from camp MC Nathan Hulls. He covered a variety of topics ranging from dealing with stresses at home, overcoming fears and self-doubt and we looked at things that were potentially holding us back. During these talks, we participated in activities such as walking across nails and splitting boards with a punch, all of which were symbolic for overcoming great challenges and believing in our own abilities. The experience was on the whole a positive one with some campers finding the talks very helpful in boosting their confidence, overcoming doubt and finding solutions to problems they might face.

The actual camping aspect of the camp was also fun, the food was on the whole very good, we slept in glamping style tents with wooden floors and bunks and got up each morning to participate in some form of wake-up activity like yoga, meditation or a leisurely walk around the campsite. The people I got to meet were all very different, some coming from troubled homes, others were leaders like myself trying to learn some new things but over the three days we all bonded over the shared goal of completing each activity and giving it our best go.

The best experiences from the camp in my experience came on the second night. After tea, we were told we would be participating in a chariot race. Each tribe had to carry one member, which would rotate, on a chariot, to a selection of activities. Each activity had to be completed before you could move on and we were rewarded with a giant bonfire and marshmallows. I found this experience the best because it in a way summarises what the camp is about. You had to work with your tribe to complete activities you could never do alone, if someone was falling behind, you either waited or helped them finish and finally it was just simply fun.

Climbing over tires, swing across pits and scaling giant obstacles, all done at night under the light of tiki torches, was an epic experience to be sure.

The limitless camp was a great experience in my mind. While I may not have gotten as much out of it as some of the other campers may have, I still walked away with a bunch of new memories, friends and a broader scope on the type of people in the world and the problems that can face us as young adults.

Bailey Smith, Year 11 School Captain



Anti-Racism and Tolerance Student Voice Initiative

As part of the Student Voice Ant-Racism and Multicultural Tolerance focus, teams of student leaders have given speeches to Year Level Assemblies in recent weeks. The speech presented is reported here:

We are student leaders here at Cranbourne East and we would like to talk to you today about what racism is, how it affects people and what you can do to help us to prevent it. We also want to talk about the Multicultural Day that will be happening on November 22nd and the stickers we have developed to support the anti-bullying and anti-racism project here at school. Our aim is to stop racism and unite everybody at the school as one and accept the fact that we are all human and we shouldn't be discriminating against each other. We should learn to accept each other socially and religiously, and thrive to be more united as a community.

Australia is a multi-cultural country and pretty much everybody in this school has a different background, religion, or race. We think it's a good idea for us to all try to find ways to accept each other. Banning racism and promoting tolerance and acceptance will not only bring peace to everybody, but make us closer as a community. It will also help us focus on our learning as we all know the negative impact bullying and racism has on people. CESC will be introducing stickers to promote this message, hopefully spreading a positive message. These stickers will be for sale to raise funds for Student Voice initiatives like the Breakfast Club but all students will also get a free sticker from their Class Captain in Home Group in the next few weeks.



We want to talk about what racism is and what it does to people. Racism affects all kinds of people from different cultures here in Australia. Racism is a form of bullying using words or aggressive actions to hurt or offend others because of their race, their culture, their religion or where they came from. What we want and what most of the world wants is to stop

the racism that is happening here and elsewhere. There is no good reason for it what so ever. People affected by racism and bullying can become sad or depressed and stop feeling a part of the community. We are a multicultural school and we live in a multicultural world where we all should have the right to be accepted by each other.

The Student Voice leaders at Cranbourne East are busy planning a Multicultural Day for 22nd November to celebrate all the different cultures that combine together here at the school. Students will be able to wear multi-cultural dress that celebrates their background or someone else's background. So, that might include wearing saris from India, lava-lavas from

the Pacifica nations, footy jerseys from the Bulldogs or the Sharks, kaftans from Turkey, fur hats from Russia or Lederhosen from Germany etc. As usual for free dress days, there will be a gold coin donation required and the class which raises the most money will get a pizza party. There will be activities run all day in class groups plus a concert will be held during period 4 and there will be more music and speciality foods at lunchtime.

At school we all hear people saying things sometimes that make fun of others or bully them – let’s all take a stand and encourage each other to treat others as we would like to be treated ourselves and step up when we hear bullying or someone saying “That’s racist,” as a joke. While we may all eat different foods, worship differently, speak different languages at home, we are all human and the world will be a better, safer, happier place without bullying and racism.

So, start planning what you’re going to wear for Multicultural Day and get in touch with your Class Captain or Year Level Captains if you have any ideas for the Multicultural Day or know someone inside school or outside school who would like to perform on the day!

Thanks for listening.

Amelia, Abbie, Isa, Zoe, Joel, Maddy, Keara, Elli, Tristen

