



CRANBOURNE EAST SECONDARY COLLEGE

The Student Voice®

Volume 5

June 2017

Student Voice FOOD INDUSTRY EXCURSION

Year 9-12 Breakfast Club Semester 1 volunteers and the new Year 7-8 Semester 2 volunteers participated in an excursion on 20 June to Pelikan Societe restaurant. The aim of the excursion was to see how the professionals serve large numbers of people breakfast in a short space of time and compare this to the excellent work being done by SV volunteers at CESC. The excursion included a tasty breakfast, a tour of the restaurant, the food preparation areas and the storerooms, and a quick walk along the wetlands and pier to aid digestion. Students and the staff who accompanied them had a great time and learned a lot about how the food industry works!



MULTICULTURAL DAY ASSEMBLY SPEECHES

My name is Amelia and I am a Year 8 Student Voice Leader. I want to acknowledge the Traditional Owners of the land upon which we are meeting here today. I pay my respects to their Elders, past and present, and the Elders from other communities who may be here today. I also want to mention that the many Aboriginal cultures found all across Australia were the beginning of our modern multicultural Australia those many thousands of years ago.

Hi, my name is Isa and I am a Student Voice Leader in Year 8. Today I will be speaking to all of you about the fact that we are all Australian. Now don't get me wrong, we all have different backgrounds and cultures and we should all be extremely proud of that. The thing is, to me, being an Australian actually means being someone who is proud to speak about

and honour their culture. Australia is a very multicultural country, consisting of so many unique people with different talents and interests but on the inside, we all have one thing in common. Each and every one of us here in this in this gym today, whether we realise it or not, are Australian.

Australia is very diverse in the sense that if you look to your left and your right, you will see people of different races and religions and cultural backgrounds. If you truly think about it, there is actually no 'typical Aussie'. I mean, we've all heard of the bloke standing at the front of his ute, eating a jar of vegemite in the outback as being that 'typical Aussie' but I truly believe that the one thing that makes you a true Australian is simply being proud of who you are and where you live now as well as recognising and valuing where your family came from. Anyone who looks at this beautiful country as their home is entitled to say that they are a part of Australia. From barbeques to Aussie slang to all the landmarks we have, this stunning country of ours has developed over time and has become the country we all know we belong in and that we are all extremely lucky to be a part of. So pretty much, whether you were born here or on the other side of the globe or whether you enjoy eating lamingtons or not, you are truly Australian.

My name is Abbie and I am a Leader in Year 8. Racism is the discrimination against people of another race, religion or culture. It has a significant impact both on the individuals who experience it and the wider community. Research shows that there are significant links between experiences of racism, discrimination and poor physical and mental health, reduced productivity and reduced life expectancy.

Furthermore, it is well-recognised that racism presents barriers to social and economic participation which can in turn cause social exclusion sometimes for generations. A study of over 800 Australian secondary school students found that racism had huge mental health impacts on young people who experience it, including:

- Ongoing feelings of sadness, anger, depression and being left out.
- Having a constant fear of being verbally or physically attacked.
- Having little or no trust in anybody apart from family.

Racism also affects people's general wellbeing when they are denied equal access to jobs, services and education. Is this really the world you want to live in? Do you really want to separate the world? We shouldn't define everyone by their colour, race, religion or culture. We should value and celebrate our differences here at Cranbourne East Secondary College.

Hi everyone! My name is Hinduja! I am one of the Year 7 Student Voice Leaders at Cranbourne East. As today is Multicultural Day, I am going to talk about the importance of valuing other people from other countries.

Everyone here has something that makes them different from everyone and that is a good thing! It symbolises us as an individual and shows our uniqueness. It doesn't matter if you have a different colour skin or you have a weird accent. There are somethings that we can learn from each other and it is good that Australia is a multicultural country.

Anh Do who is an author, actor, comedian, and artist is known to be the happiest refugee out there. Although he lived a remarkable and sometimes frightening life, he makes the best of it and has a positive self-esteem. Anh fled to Australia and his book "The Happiest

Refugee” tells of how his family survived five days in a leaky fishing boat which was nine and a half metres long and two metres wide. During their trip, his family and the rest of the passengers were attacked by two different bands of pirates. Imagine that. Luckily, Anh’s father was there to save the day. Look at Anh now. He has a happy life and is famous. He is respected for his talents, culture and tradition. One person can make a major difference as the goodness keeps moving on and on. You too can be that person who makes a difference in the world.

My name is Jodie and my speech looks at the benefits of Multiculturalism. Australia started out thousands of years ago having the many different and dynamic cultures of the Indigenous peoples. The Aboriginal culture is one that we as a nation are still getting to know, to appreciate and to value. Immigrants have since added to the population of Australia over the years, from the early English, Scottish and Irish, to the Germans, Chinese and Vietnamese, to the Sudanese, Indian, Afghani and Pasifika migrants and refugees and all the others that have come to Australia to play a significant role in shaping our country.

All immigrants have brought with them their languages, their cultures and their beliefs and passed them on to their children. The children of these immigrants grow up in a society where they learn about the world their parents came from and about the society they once called home. They also need to learn to integrate into the culture that already exists in Australia, a culture that has been developing and changing for hundreds and thousands of years.

Without multiculturalism, which is when we accept and value cultural differences, where would Australia be? We wouldn’t have the opportunity to access different foods. There would be no tacos, no curry, no sushi, no coffee, no pizza, no pasta, no dim-sims, no souvlaki – the list goes on. We wouldn’t be able to practice our different religions or have no religion beliefs. We wouldn’t have the amazing range of creativity, innovation, diversity we have now as a result of so many different sorts of people migrating to this beautiful country and making it home. Having people from other cultures makes it easier to learn about other countries & traditions. It allows us to be a part of the wider world – to understand things from more than just a local perspective. Without multiculturalism, we would all be the same and boring!

My name is Gemma and I want to share with you why I believe everyone can play a part in making our school and our world a better place. To begin with, I believe everybody has the option to make our school a better place but some people choose not to. Some people may choose to take the easy way out and not try to get along with everyone but I think instead of just doing what is easiest, we should all try. If we all put in the effort and tried, we could all benefit so much from it. By benefit, I mean we could all help our school improve and make our school a better place to be. We are all amazing and intelligent in our own ways and we can all have an impact on making our school and country friendlier, more welcoming places to be. No matter what religion you follow, the skin tone you have or what you wear we all share something. The something we all share is that we live in a place which has so many possibilities. We as a community could do so much together. Religions, skin tones and what we wear seems to make people ignore and not interact with each other. But we can change this by giving everybody a chance. I would like to conclude by saying that everyone can play a part in making our school and the world even better places to be in. Skin colour, religions and clothing shouldn’t separate us and we should give everyone a chance to be included.

COLLECT SINGLE USE PRODUCTS LIKE SHAMPOO, CONDITIONER, SOAP OR TOOTHPASTE AND DONATE TO STUDENT VOICE TO HELP OTHERS!

Shampoos

Soaps



Conditioners

What is "Pinchapoo"?

Pinchapoo is a not for profit organisation founded by 36 year old Kate Austin. Pinchapoo collect little one-serve hygiene products such as shampoos, soaps, toothpastes and conditioners in order to provide for people who are in need. They have provided the less-fortunate with more than 1 million mini-products since 2009.

What is CESC doing to help?

CESC Student Voice Leaders are collecting the products in June, July and August. There is a container at the front office for donations from students, parents and the community.

Services that Pinchapoo help:

- Homeless shelters
- Family violence refuges
- Refugee support centres
- Short term housing
- Crisis accommodation
- Hospitals
- Schools
- Jails

